

THE VILLAGE VOICE

THE VILLAGE VOICE



First Place
Phyllis McCanness

Second Place
Sandra Harris

Third Place
Darlene Rogers

Tammy Talk



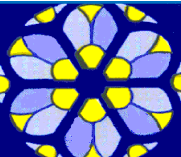
Happy New Year! May this year bring you everything you have ever dreamed or desired! It truly is a wonderful life! We look forward to a year full of activities with you!

One thing I've always enjoyed was reading, but always fell short on the time to do it. There was always a house to clean, children to raise, shopping to do yadda yadda yadda. Even now I can't find the time to curl up with a good book. So instead I read my phone. Now I know that a lot of people will say "screen time is not reading", and I get it. I would much rather hold the book, turn the pages and sink deep into the story. But when I can't, I try to learn as much on that phone or tablet as I can, especially for the price I pay for it. Things that you have always wondered all your life, are answered at the tip of your fingers now. All the questions that we asked our parents or questions that our children asked us. We now have the answers! To anything! I'll throw a few out there. Who ate the first potato and who decided it was food? Who invented the toothbrush and how? Why is it important for Charmin brand toilet paper to have wavy edges? What does that matter? Who started the Easter Bunny tradition or the tooth fairy and why? I was a very curious child and drove my parents' nuts, so they bought me a set of encyclopedias. The world opened for me book after book as I read. Anything I wanted to know was in those books and I would read them for hours. Sometimes I would sit at my desk and read like I was Barbara Walters delivering the evening news. I seemed to retain more that way. My parents thought I was crazy talking to the wall. They asked me, "Why are you reading to the wall?" And I told them very matter of fact like, "I'm learning." It's the one thing I never want to stop doing. With it all at our fingertips now we can all be a know it all!

We are very happy with the progress that the demolition has made. Everything is looking a little different, in a good way. You can see areas now that you couldn't before (that could be good or bad depending). I hope you are as pleased with it as we are. We are always looking for and love hearing your suggestions to make your stay at Westminster Village better for you every day. Let us know what you want or need and we will work very hard to make it happen for you.


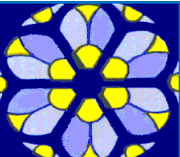
Oh, and one more question? Toilet paper over or under? And why? We can discuss this article at coffee if you want to.

God Bless US All!
Tammy Swanson - Executive Director



Our Mission Statement

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.

Wednesday, January 1st
 OFFICE CLOSED
**HAPPY
 NEW YEAR!!**

Tuesday, January 7th
RED CROSS EVENT
 12:00 - 5:00 PM at RC
SIGN UP!

Wednesday, January 8th
 Brunch 11:00 AM

Thursday, January 9th
 Coffee RC 9:30 AM
 Crafty Ones 2:00 PM

BINGO
Tuesday, January 14th
 Birthday & Move-In Anniversary
 2:00 PM Ramey Center
 Come celebrate with us!!!

Thursday, January 16th
 Coffee RC 9:30 AM

Friday, January 17th
 Olympia Restaurant in Blytheville.
 Leave RC at 10:30 AM
SIGN UP!

Tuesday, January 21st
 Movie Day
 RC at 2:00 PM

Wednesday, January 22nd
 Soup & Sandwich Day
 Tomato Soup, Potato Soup,
 Grilled Cheese sandwiches
 12:00 PM at RC
SIGN UP!

Thursday, January 23rd
 Coffee RC 9:30 AM
 Crafty Ones 2:00 PM

Tuesday, January 28th
 Grecian In Dyersburg
 Leave RC @ 10:00 AM

Wednesday, January 29th
 Resident Potluck
 Ramey Center
 12:00 PM

Thursday, January 30th
 Coffee RC 9:30 PM



The Library is asking for donations on books to learn Spanish. Is there a Spanish for Dummies?

**JANUARY BIRTHDAYS:
 HAPPY BIRTHDAY!!**

- 5th Ed Brownlee
- 5th Nina Dunlap
- 6th Alma Gahie
- 7th Nola King
- 7th Charles Scott
- 9th Julian Woodson
- 10th Dorothy Keane
- 21st Dale Brock
- 23rd Raymond Burton
- 25th Tammy Winslow
- 26th George Watkins
- 27th Jewell Mathis
- 27th Patricia Smith

**We hope to see you
 January 14 at 2 p.m. to celebrate!!**

**January Move-In
 Anniversaries:**

- | | |
|----------------------------|----------|
| Jeanie Wilson | 21 years |
| Henry & Katie Davenport | 9 years |
| Susan Person | 9 years |
| Kaye Faulkenberry | 8 years |
| John DeBose & Elma Wallace | 5 years |
| Mary Stark | 5 years |

New Move In

James & Ernestine Morris

**We hope to see you
 January 14 at 2 p.m. to celebrate!!**

Westminster Village Directors

Tammy Swanson, Executive Director
 Leslie Acred, Marketing Director
 Jennifer Stigall, Accounting Director

Cindy Williamson, Administrative Director
 Butch Sanders, Environmental Services Director

Board Members

President, Janet Robertson

Vice President, Beth Fitzgerald

Secretary/Treasurer, Roger Oldham

Library News

The Doris Marks Village

Library is a special treasure for our Village! With thousands of books to choose from, as well as a place for residents to relax and read.

Let that good book take you to places you've never been. Imagine yourself as the hero in the story. The library volunteers will be at the library Wednesday's from 8 a.m. until 10 a.m. Residents are free to go to the library any time.



Happy Reading from the Library Volunteers!

Residents wanting to volunteer contact Loretta Heard.

The Advisory Committee:

Loretta Heard, Annie Campbell, Gary Walker, Tom Hayes, Vicki Schrimsher, Eva Henderson, Sandra Harris

The Advisory Committee serves as a voice for the residents of Westminster Village. The Advisory Committee meets at 1:30 the **second Tuesday** of the month.

The Westminster Village "Book Club"



**JANUARY 8th
 2:00 P.M.**
 The Village Library.
"Cross Her Heart"
 by Melinda Leigh

All are welcome!



Residents are getting new views across the Village.
A big thank you to all residents for your cooperation and support through the demo process.
As this phase of the project winds down, we are working toward a second phase that will make our village look even better. Stay tuned for more.

Exercise (Silver Sneakers) with Kylie
 Monday's and Thursday's
 9 a.m. Ramey Center Gym



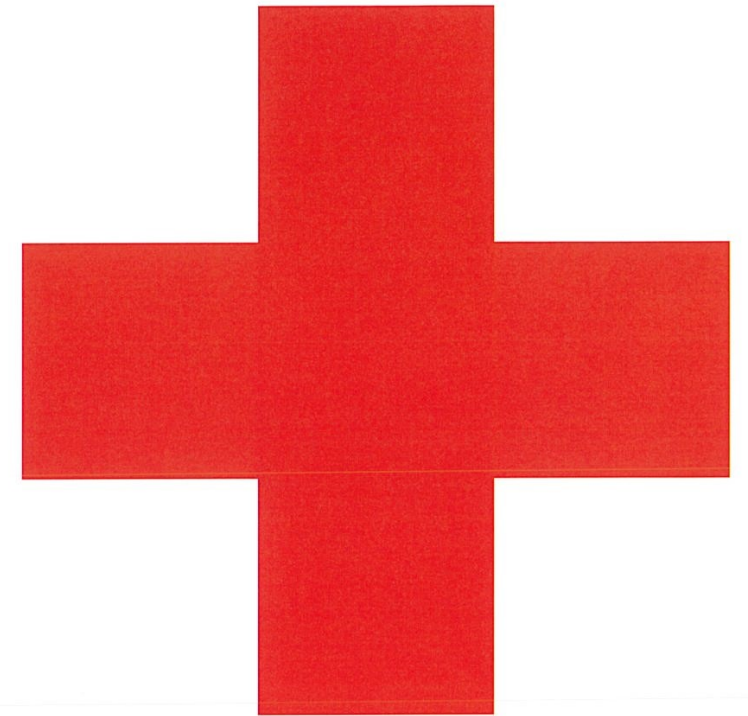
Why Wellness Matters
 "Treat your body like a temple, not a woodshed. The mind and body work together. Your body needs to be a good support system for the mind and spirit. If you take good care of it, your body can take you wherever you want to go, with the power and strength and energy and vitality you will need to get there." – **Jim Rohn**

TOPS MEETS AT THE R.C. MONDAY'S AT 5:30 PM
WEIGHT LOSS THAT LASTS
 No cookie-cutter diets. No gimmicks. No trendy shortcuts. It's the old-fashioned approach to health and wellness: A lifestyle, for a lifetime. At TOPS, you're throwing yourself a lifeline. Founded in 1948, TOPS is the first of its kind noncommercial weight-loss support group, with ties to the medical community and thousands of chapters in the U.S. and Canada.

Give blood.

Every 2 seconds someone in the U.S. needs blood.

American Red Cross



Blood Drive
Westminster Village of the Mid-South

Ramey Activity Center
 4404 Memorial Dr
 Blytheville, AR 72315

Tuesday, January 7, 2025
12:00 p.m. to 5:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: WESTMINSTERVILLAGE to schedule an appointment.

Come give Jan. 1-26 to automatically be entered for a chance to win an exciting trip for you & a guest to Super Bowl LIX in New Orleans! Includes travel, hotel, \$1,000 gift card, pre-game activities & more! Terms apply; visit RedCrossBlood.org/SuperBowl.



Scan to schedule an appointment.

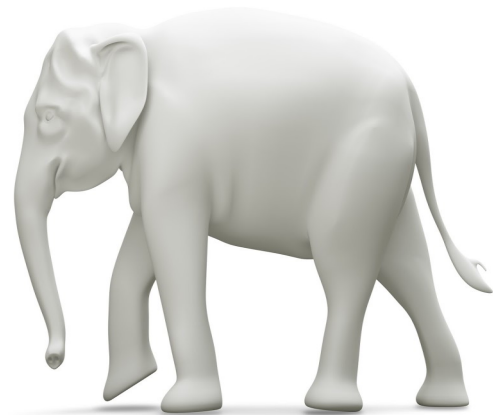
Events you don't want to miss!

Special January Brunch will be served
Wednesday, January 8th at 11 am
Please be sure to call the office and sign up!!

The residents meet monthly for potluck at noon the last Wednesday of every month.
(January potluck is January 29th)
Residents must sign up and don't forget to call the office and let us know what you plan to bring.

14 Valuable Life Lessons I Learned From Doing Jigsaw Puzzles (stay tuned for lesson #5)

4. Could you picture receiving a box of puzzle pieces with no idea how the puzzle will come together? This is how life might feel if we aren't sure what kind of life we want to construct for ourselves or where to begin. Fortunately, we can create the life we want.



THE WHITE ELEPHANT

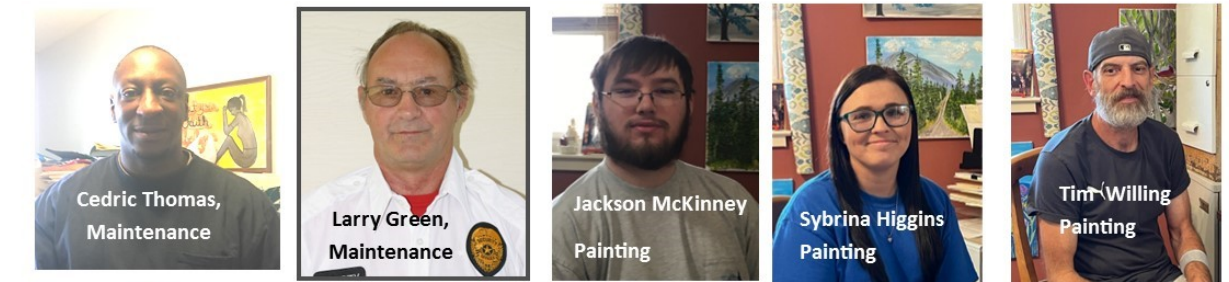
Friday's 10 to 3 / Saturday's 10 to 3

We look forward to everyone coming out to visit and enjoy shopping in the White Elephant.

Remember we accept donations.

Contact Mary Dyer if you would like to volunteer to work.

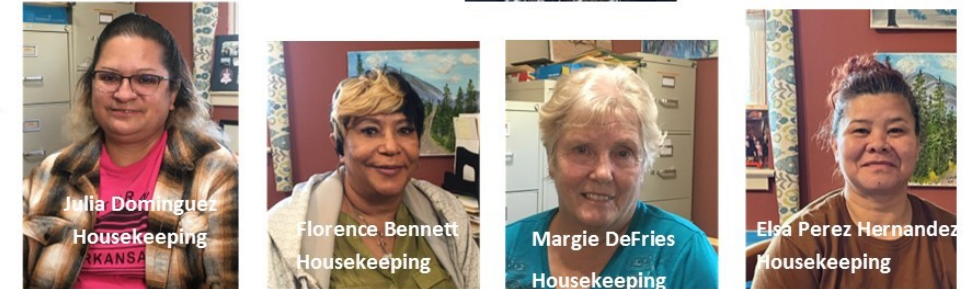
Maintenance Department



Landscaping



H O U S E K E E P I N G



Security



Remember, you can always find the most current Village Voice in full color online at <http://www.wmv.org/newsletters>

Don't forget about the [11/12 program](#). Earn more interest than you can get from the bank! Call Jennifer in the accounting office for more information about this program.

Residents receive handbooks at time of move in that explains Westminster Village's policies. Policies are written for the good of all residents. When a resident(s) determines the policies don't include them, then management is faced with an issue that has to be resolved. We politely request that residents apply the policies of the handbook. Thank you for your cooperation. If you need a copy of the handbook, please contact the office.

Kroger Members

Remember to link your rewards card to your charity of choice. We would love for you to choose Westminster Village. All donations go to the roof fund. We appreciate all who have donated.

Please remember to disconnect your outside water hoses and set your inside faucets to drip when temperatures are 25 degrees or below. You can also open your kitchen and bathroom sink cabinets and let the water run at a steady drip to help prevent freezing pipes.



HOUSEKEEPING SERVICES

Housekeeping is available Monday through Thursday with prior arrangements. Housekeepers do general cleaning, sweeping mopping, cleaning bathrooms, dusting and vacuuming. Special requests such as cleaning windows and appliances is available at additional charges. Call the office for pricing and scheduling. A yearly housekeeping contract is available at a discounted rate.

The Library is in need of an outdoor facelift. Preparation has begun in the front flower bed to do away with all the monkey grass. We aren't ready yet for the plants. We're still working on getting the area ready. This will allow us to put in plants that won't take over the landscape. If you are interested in donating your time or a perennial contact the office.

Please return **LIBRARY** books back to the Library when you are finished reading them.

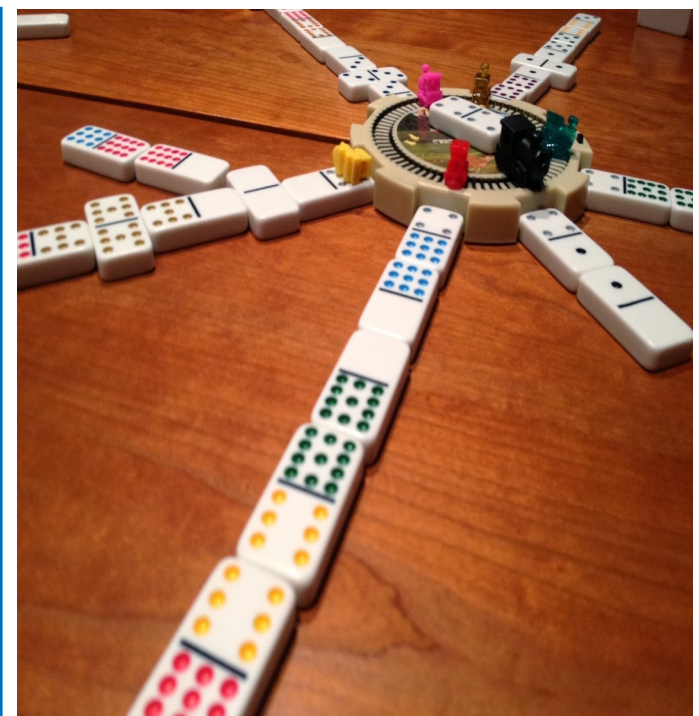
Thank you.



Resident Dance begins at 4:30 on Fridays. This is a resident driven event. All residents are welcome. Residents meet in the coffee room and dance and work out to YouTube videos.



Mexican Train Dominoes begins at 6:00 p.m. on Fridays. This is a resident driven event. Residents meet in the pool room. Each person brings a snack and around 7:00 p.m. players take a break and enjoy fellowship with each other. After the break the game resumes. All are welcome.



January 2025

We can't stress enough the importance of signing up. When we see that no one has signed up the event gets cancelled.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ANC - Arkansas Northeastern College RC - Ramey Center CH - Craft Hut			Library Volunteer Hours 8-10 a.m. Or come any time.			
			1 OFFICE CLOSED HAPPY NEW YEAR!!!	2 9 am Exercise class RC 9:30 Mingle 10:00 am Coffee	3 White Elephant 10 to 3 4:30 PM Resident Dance RC 6:00 PM Mexican Train Dominoes RC	4 White Elephant 10:00 AM to 3:00 PM
5	6 9:00 AM Exercise class RC 1:00 PM Grocery run 5:30 PM TOPS	7 Red Cross Event 12:00 - 5:00pm @ RC SIGN UP!!	8 11 am Brunch RC 2:00 PM Book Club Library	9 9 am Exercise Class RC 9:30 Mingle 10:00 am Coffee 2:00 pm Crafty Ones	10 White Elephant 10 to 3 4:30 PM Resident Dance RC 6:00 PM Mexican Train Dominoes RC	11 White Elephant 10:00 AM to 3:00 PM
12	13 9:00 AM Exercise class RC 1:00 PM Grocery run 5:30 TOPS	14 2:00 pm -Birthday & Move-in Bingo Party 1:30 PM Advisory—R. C.	15	16 9 am Exercise Class RC 9:30 Mingle 10:00 am Coffee -	17 White Elephant 10 to 3 Olympia - Blytheville Leave RC @ 10:30 4:30 PM Resident Dance RC 6 PM Mexican Train Dominoes RC	18 White Elephant 10:00 AM to 3:00 PM
19	20 9:00 AM Exercise class RC 1:00 PM Grocery run 5:30 PM TOPS	21 Movie Day RC @ 2:00 PM SIGN UP!	22 Soup & Sandwich Day RC @ 12:00 PM	23 9 AM Exercise Class RC 9:30AM Mingle 10:00 Coffee 2:00 Crafty Ones	24 White Elephant 10 to 3 4:30 PM Resident Dance RC 6:00 PM Mexican Train Dominoes	25 White Elephant 10:00 AM to 3:00 PM
26	27 9:00 AM Exercise class RC 1:00 PM Grocery run 5:30 PM TOPS	28 Grecian In Dyersburg Leave RC @ 10:00 AM SIGN UP!	29 Resident Potluck RC @ 12:00 pm SIGN UP!!	30 9am Exercise Class RC 9:30 AM Mingle 10:00 AM Coffee	31 Need a ride? Contact Kylie at the office.	