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A picture is worth a thousand words.























Every day at Westminster Village has it's unique challenges. The government deeded the property to the City of Blytheville as is when the Eaker Air Force Base closed. In 1997 Presbyterian Development Corporation was created to upstart an independent retirement community. We have a history book of the homes and their imperfections. Years later when the City of Blytheville deeded the property to Westminster Village those imperfections remained and unfortunately due to the weather and lack of use, for some of the houses, there were more imperfections. In the beginning, there weren't roofing, sewer or tree issues since the property was still in decent condition. Over time, trees have grown into sewer lines and grown wonky

over and next to houses. Roofs are being attacked by extreme weather conditions. We live and breath roofing issues, sewer issues, tree issues and more at Westminster Village.

The property has gone through a lot of changes over the years structurally. Instead of spreading out, management in the beginning grouped residents in what we refer to as the occupied section of the village. Move ins didn't happen as fast as was hoped which over time created an unoccupied area which became difficult to keep up along with money flow. The 2009 ice storm devastated the north end of the property. Huge tree limbs fell on roofs as well as the weight of the ice. This was the beginning of a downward spiral that management has struggled to keep up with. To add insult to injury homes in the occupied area began to be affected. During this time grants were being written. It took 12 years to receive the Brownfield grant that is what has enabled us to be able to take down the worst houses in the occupied area of the village. Marketing doubled down on renting more homes to increase revenue. The decision to close the north end and concentrate on the occupied area came after the 2009 ice storm. One of the biggest complaints I receive from residents is roofing issues. We are not sitting on our hands doing nothing. We are constantly looking for ways to fund more new roofs. It costs at the very least \$16,000 per duplex to put on a new roof.

One of my duties as Executive Director is to find qualified individuals to perform the task of making and keeping our homes viable. It is definitely a challenge. Every employee here juggles their daily job performance with, well, everything else that comes up in the course of their day. We have two great employees working diligently to address roofing issues. Weather continues to be our enemy. We have managed to put on 12 roofs since I began working here. We sent an employee to trade school to learn HVAC. Our sewer employee has become a pro at finding tree roots in the sewer system. Unfortunately, some sewer problems need more than a sewer machine. We can't predict what or when the next challenge is coming our way. What we can do is react as fast as we can to address concerns from our residents. We continue daily to look for resources to allow us to put more roofs on houses that need them.

Resident Services is here to make your life better. Seniors have a tendency to become reclusive. We work hard to entice you to get up and get out. We are an active adult community, it's our job to keep you moving to the best of our ability. Get out, meet your neighbors at our events.

A lot of you have over time gained possession of some of our employees personal cell phone numbers. Just a reminder, work orders should go through the front desk. Please don't call employee personal cell phones to turn in work orders. Please don't turn them in at meetings or events. For a smooth resolution to your needs call the office for questions and concerns. We do our very best to meet as many requests for as we can. We are very thankful and feel very blessed to be able to do what we have done in the last several years here. I tell you all the time, we don't make a move on anything without thinking of our residents first. You are our very first thought. Thank you and God bless you all, Executive Director, Tammy Swanson



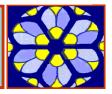
# www.wmv.org March 2025 THE VILLAGE VOICE

## **Tammy Talk**

#### **Our Mission Statement**

Westminster Village is committed to providing an environment that encourages and enables our residents to enjoy life to the maximum of their capabilities in a relaxed atmosphere of security, comfort and dignity.





This month at the Village.

Information for our residents.

The <u>Library</u> is asking for donations on books to learn Spanish. Is there a Spanish for Dummies?

#### MARCH BIRTHDAYS: HAPPY BIRTHDAY!!

2<sup>nd</sup> Suzanne Halsell
4<sup>th</sup> Art Prince
11<sup>th</sup> John Calvert
15<sup>th</sup> James Morris
15<sup>th</sup> Michael Munhall
25<sup>th</sup> Debbie Elis
25<sup>th</sup> Ernestine Morris

### <u>March</u> <u>Move-In</u> <u>Anniversaries:</u>

Sandra Cothran	9 Years
Sandra Harris	9 Years
Emma Burns	6 Years
Paul Crump	6 Years
Mark & Sheryl Tomlinson	4 Years
Johnny Williams	4 Years
Jeannean Smith-Beamon	3 Years
Shelia Martin	2 Years
Coach Cleo Massey	2 Years
Phyllis McCanless	2 Years

#### Westminster Village Directors

	( Couling out
Tammy Swanson, Executive Directo	or Cindy W
Leslie Acred, Marketing Director	Butch Sa
Jennifer Stigall, Accounting Director	
	Bo
President, Janet Robertson V	ice President,

Wednesday, March 5th Full Brunch 11 A.M. Ramey Center

**Thursday, March 6th** Coffee 10:00 a.m. Ramey Center

**Thursday, March 6th** Crafty Ones 2:00 p.m. Craft Hut

**Tuesday, March 11th** Advisory Meeting 1:30 p.m. Ramey Center

Wednesday, March 12th Book Club 2:00 p.m. The Library

**Thursday, March 13th** Coffee 10:00 a.m. Ramey Center

Monday, March 17th Potato Bar 12 p.m. Ramey Center BINGO Tuesday, March 18th Birthday & Move-In Anniversary 2:00 p.m. Ramey Center Come celebrate with us!!!

Thursday, March 20th Coffee 10:00 a.m. Ramey Center

Thursday, March 20th Crafty Ones 2:00 p.m. Craft Hut

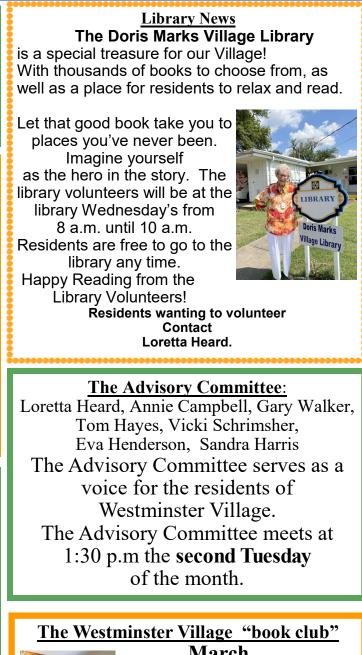
Monday, March 24th Paint & Sip 5:30 p.m. Ramey Center Bring your own drink!

**Tuesday, March 25th** Movie Day 2:00 p.m. Ramey Center

Wednesday, March 26th Resident Potluck Ramey Center 12:00 p.m. SIGN UP!!

Thursday, March 27th Coffee 10:00 a.m. Ramey Center

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March 12th 2:00 P.M. At: The Village Library <u>No Way Out</u> By: Fern Michaels

Villiamson, Administrative Director anders, Environmental Services Director

oard Members

Beth Fitzgerald

Secretary/Treasurer, Roger Oldham

Phase 2 demo is scheduled. Following is the projected demo order. There is always a possibility of change in the order. There will 2 not be a penny of grant money left on the table when demo is complete. We chose houses according to what we felt would be the 5 best for the village overall. Houses were not chosen based on who spoke the loudest or 6 who you know in the office. Unfortunately, there will still be houses that need to come down that didn't make the list. We are still looking for other ways to finance more houses 10 to be demoed. However, it will be a slow process. The employees of Westminster 11 Village are proud of the work that has been 12 accomplished in the past year. We are aware 13 there is more to be done. Rest assured we continue to work toward the continued goal 15 of making Westminster Village a good place 16 to reside.

> Exercise (Silver Sneakers) with Kylie Monday's and Thursday's 9 a.m. Ramey Center Gym



5419/5420 Candyland Park

5423/5424 Candyland Park

5425/5426 Candyland Park

5516/5518 Appletree Circle

5521/5523 Appletree Circle

5528/5530 Appletree Circle

5554/5556 Appletree Circle

5574/5576 Cherrytree Circle

5359/5361 Palm Circle

5428/5430 Peachtree Lane

5427/5429 Peachtree Lane

5053/5055 Chestnut Drive

5510/5511 Village Avenue

5059/5060 Hemlock Avenue

5416/5418 Plum Lane

5415/5417 Plum Lane

### **Why Wellness Matters**

9

14

We all have mental health in the same way that we all have physical health. It's okay to have depression, it's okay to have anxiety, it's okay to have an anxiety disorder. — Prince Harry

### TOPS MEETS AT THE R.C. MONDAY'S AT 5:30 PM

### WEIGHT LOSS THAT LASTS

No cookie-cutter diets. No gimmicks. No trendy shortcuts. It's the old-fashioned approach to health and wellness: A lifestyle, for a lifetime. At TOPS, you're throwing yourself a lifeline. Founded in 1948, TOPS is the first of its kind noncommercial weight-loss support group, with ties to the medical community and thousands of chapters in the U.S. and Canada.

#### INFORMATION

ONE CALL: For those who aren't receiving the automated calls. Your cell phone provider may have put a spam blocker on your incoming calls. Check your phone to see if 870-532-4100 is blocked. Also; if the recording picks up noise in the background during a call, the message will start over.

Extensive research has been conducted on the many concerns we've received from residents who say they are not receiving one calls. A report on one of our calls was created that shows us that out of over 200 phone calls made only 19 were not reached. 11 of the 19 residents that did not answer or

Connect were residents that opted out. The residents who most commonly report not

receiving the one calls show up as reached or left message. The conclusion is that the one call system is working. When you receive a one call, please take the time to listen to it. If you can't listen to it at the moment, allow it to go to voice mail and listen at a later time. It is our goal at Westminster Village to make things as stress free as possible for residents.

We welcome Whitney Herron to our staff. Whitney is our most recent receptionist. Call the office for all vour needs and concerns.



**Kroger Members** Remember to link your rewards card to your charity of choice. We would love for you to choose Westminster Village. All donations go to the roof fund. We appreciate all who have donated.





Don't forget about the **11/12 program.** 

Earn more interest than you can get from the bank! Call Jennifer in the accounting office for more information about this program.

**Recurring activities and Events.** 

**Employees** 

Please return **LIBRARY** books back to the Library when you are finished reading them.

Thank you.



**Mexican Train Dominoes** begins at 6:00 p.m. on Fridays. This is a resident driven event. Residents meet in the pool room. Each person brings a snack and around 7:00 p.m. players take a break and enjoy fellowship with each other. After the break the game resumes. All are welcome.

Remember, you can always find the most current Village Voice in full color online at http://www.wmv.org/newsletters

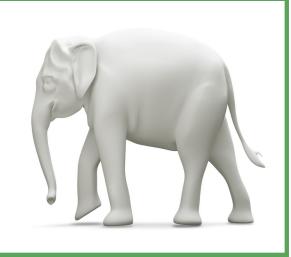
# Events you don't want to miss!

Brunch will be served Wednesday, March 5th Mingling will start at 10:30, Brunch will begin at 11:00am Please be sure to call the office and sign up!!

The **residents meet monthly for potluck** at noon the last Wednesday of every month. (March 26th will be the date for the March potluck) Residents <u>must</u> sign up and don't forget to call the office and let us know what you plan to bring.

#### 14 Valuable Life Lessons I Learned From Doing Jigsaw Puzzles (stay tuned for lesson #7)

6. When working on a puzzle, its easy to forget to give oneself credit until its all put together. However, it is critical to acknowledge the hard effort we are putting in at every stage. Every Jigsaw piece that fits together correctly is a step forward, and the puzzle would be incomplete without it! We should be proud of our achievements in puzzles, just as we should be proud of our achievements and victories in our daily life.



#### **THE WHITE ELEPHANT** Friday's 10 to 3 / Saturday's 10 to 3

We look forward to everyone coming out to visit and enjoy shopping in the White Elephant.

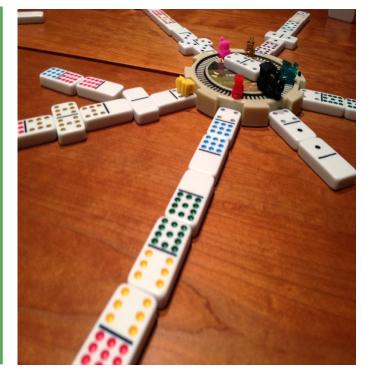
Remember we accept donations.

The White Elephant needs volunteers to work.





**Resident Dance** begins at 4:30 on Fridays. This is a resident driven event. All residents are welcome. Residents meet in the coffee room and dance and work out to YouTube videos.



Westminster Village has always been a part of recycling. For residents who wish to donate to Westminster Village's roof fund, cans may be dropped off at the storage shed at the Village Woodshop. There is a can crusher located there for anyone who would like to volunteer to crush donated cans. There is a trash can at the Ramey Center specifically for discarding aluminum cans following activities and events. We appreciate any and all donations made to the roof fund. Thank you all so much for what you give back to our village.



#### What is Cash for Cans?

A community recycling initiative where you can earn cash for recycling cans. You can save space in your trash bins and recycle plastic bottles too!

**1.** Collect cans and plastic bottles 2. Drop them off at: 400 Elm Street, Blytheville, AR 72315 Hours of Operation: 9am-3pm Monday-Friday; 9am-1pm Saturdays; Closed Sunday **3.** Get paid\* instantly via the app! \* FOR CANS ONLY



SCAN QR CODE TO LEARN MORE

All pricing is subject to change without notice due to fuel costs or other reasons. You must make prior arrangements for all non-scheduled transportation.

> **Free Local** Prescheduled Local Trips to Wal-Mart, Grocery Stores, or Pharmacies. The vehicles will be chosen based on passengers and availability.

**Resident Services absorbs cost of these trips.** Call the front desk to be placed on the resident transportation support call list Call 532-4100.

> Local non scheduled transportation at least 1 day advance notice Minimum of 2 hours is \$20.00 and \$10.00 each additional hour of service.

**Doctor Visits** 5 Day Trip Request Notice when possible at least 2 Day notice required. Local - \$10.00 per hour \$10.00 minimum Jonesboro 4 hour minimum \$50.00 and \$10.00 each additional hour or \$5.00 per half hour additional. Plus .10 cents per mile.

> **EXAMPLE:** Jonesboro 4 hour trip would cost \$50.00 plus \$10.00 for the round trip of 100 miles. Total \$60.00

Memphis 4 hour minimum \$50.00 and \$10.00 each additional hour or \$5.00 per half hour additional. Plus .15 cents per mile.

**EXAMPLE:** Memphis 4 hour trip would cost \$50.00 plus \$30.00 for the round trip of 200 miles. Total \$80.00

Memphis Airport 5 or more Day Trip Request Notice Required Memphis Airport Drop off 3 hour minimum driver cost \$30.00 Trip Cost \$30.00 Total \$60.00

Memphis Airport Pick Up 3 hour minimum driver cost \$30.00 **Trip Cost \$30.00 Total \$60.00** 

> **Activity Bus Trips** Activity trips are supported by Resident Services More than 100 mile but less than 250 miles \$7.50 Over 250 miles but less than 300 miles \$10.00 Based on 12 passengers not including driver.

Resident must call the front desk and ask for a transportation request form for each trip. Your account will be charged using the trip request form unless prepaid at the front desk. All drivers will provide you a copy when each service is completed. Prices are subject to change at any time without notice. Subject to availability.

EARN CASH\* SAVE THE PLANET JOIN THE MOVEMENT

#### Westminster Village Transportation Pricing

#### **Memphis Airport**

# March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
ANC - Arkansas Northeastern College RC - Ramey Center CH - Craft Hut			Library Volunteer Hours 8-10 a.m. Or come any time.			1
2	<b>3</b> 9:00 AM Exercise class 1:00 PM Grocery run	4	<b>5</b> Brunch @ RC 11:00 AM SIGN UP!	6 9:00 AM Exercise Class RC 9:30 AM Mingle 10:00 AM Coffee 2:00 PM Crafty ones	7 White Elephant 10 to 3 4:30 PM Resident Dance RC 6:00 PM Mexican Train Dominoes RC	<b>8</b> White Elephant 10:00 AM to 3:00 PM
9	<b>10</b> 9:00 AM Exercise class RC 1:00 PM Grocery run	<b>11</b> 1:30 PM Advisory—R. C.	12 2:00 PM Book Club Library	<ul> <li>9:00 AM Exercise Class RC</li> <li>9:30 AM Mingle 10:00 AM Coffee -</li> </ul>	<b>14</b> White Elephant 10 to 3 4:30 PM Resident Dance RC 6 PM Mexican Train Dominoes RC	<b>15</b> White Elephant 10:00 AM to 3:00 PM
16	9:00 AM Exercise class RC 1:00 PM Grocery run 5:30 PM TOPS Potato Bar RC 12:00 PM	<b>18</b> 2:00 PM -Birthday & Move-in Bingo Party	19	20 9:00 AM Exercise Class RC 9:30AM Mingle 10:00 AM Coffee - 2:00 PM Crafty Ones	<b>21</b> White Elephant 10 to 3 4:30 PM Resident Dance RC 6:00 PM Mexican Train Dominoe RC	<b>22</b> White Elephant s 10:00 AM to 3:00 PM
23	<b>24</b> 9:00 AM Exercise class RC 1:00 PM Grocery run 5:30 PM TOPS Paint & Sip RC @ 5:30PM Hosted By Cindy	25 Movie Day RC @ 2:00 PM SIGN UP!	26 Resident Potluck RC @ 12:00 PM SIGN UP!!	<ul> <li>27 9:00AM Exercise Class RC</li> <li>9:30 AM Mingle</li> <li>10:00 AM Coffee</li> </ul>	<b>28</b> White Elephant 10 to 3 4:30 PM Resident Dance RC 6:00 PM Mexican Train Dominoes RC	29
30	31					

# We can't stress enough the importance of signing up. When we see that no one has signed up the event gets cancelled.